

Clubrecords Atletiek Maastricht

Masters Indoor

Laatst bijgewerkt: 24 april 2026

Masters Heren

50 meter

M35	vacant				
M40	Tunde Leidsman	6.29	sec	Utrecht	20-jan-2018
	Tunde Leidsman	6.29	sec	Utrecht	22-dec-2018
M45	Tunde Leidsman	6.30	sec	Utrecht	18-jan-2020
M50	Tunde Leidsman	6.52	sec	Breda	1-feb-2026

60 meter

M35	Tunde Leidsman	7.29	sec	Apeldoorn	4-mrt-2014
M40	Tunde Leidsman	7.24	sec	Apeldoorn	3-feb-2018
M45	Tunde Leidsman	7.31	sec	Gent (BEL)	8-mrt-2020
M50	Tunde Leidsman	7.44	sec	Louvain-La-Neuve (BE)	18-jan-2025
M55	Roel Carati	9.00	sec	Heusden-Zolder (BEL)	10-mrt-2024
M60	vacant				
M65	vacant				
M70	vacant				
M75	vacant				
M89	vacant				
M85	vacant				
M90	Harry Sprengers	26.95	sec	Apeldoorn	8-feb-2025

200 meter

M35	vacant				
M40	vacant				
M45	vacant				
M50	vacant				
M55	vacant				
M60	vacant				
M65	vacant				
M70	vacant				
M75	vacant				
M89	vacant				
M85	vacant				
M90	Harry Sprengers	1.39.60	min	Gent (BEL)	15-feb-2026
M95	vacant				

400 meter

M35 vacant

800 meter

M35	vacant				
M40	vacant				
M45	vacant				
M50	Michel Deckers	2.28.74	min	Apeldoorn	4-feb-2023
M55	Benjamin Romkes	2.15.51	min	Apeldoorn	4-feb-2023
M60	vacant				
M65	vacant				
M70	vacant				
M75	vacant				
M80	vacant				
M85	Harry Sprenger	6.51.36	min	Apeldoorn	3-feb-2024
M90	Harry Sprenger	7.02.11	min	Gent (BEL)	15-feb-2026
1000 meter					
M35	vacant				
1500 meter					
M35	vacant				
M40	vacant				
M45	vacant				
M50	Michel Deckers	5.00.68	min	Apeldoorn	5-feb-2023
M55	Benjamin Romkes	4.36.96	min	Apeldoorn	5-feb-2023
M60	vacant				
M65	vacant				
M70	vacant				
M75	vacant				
M80	vacant				
M85	Harry Sprenger	13.10.55	min	Apeldoorn	5-feb-2023
M90	vacant				
1 EM (= 1609.344 m)					
M35	vacant				
M40	vacant				
M45	vacant				
M50	vacant				
M55	vacant				
M60	Benjamin Romkes	5.03.47	min	Gent (BEL)	29-nov-2025
M65	vacant				
M70	vacant				
M75	vacant				
M80	vacant				
M85	vacant				
M90	Harry Sprenger	14.22.02	min	Gent (BEL)	29-nov-2025
3000 meter					
M35	vacant				
M40	vacant				
M45	vacant				
M50	vacant				
M55	Michel Deckers	11.40.45	min	Apeldoorn	14-feb-2026

M60	Benjamin Romkes	9.59.60	min	Gainesville (USA)	25-mrt-2025
M65	vacant				
M70	vacant				
M75	vacant				
M80	vacant				
M85	Harry Sprenger	25.50.24	min	Apeldoorn	12-feb-2022
M90	vacant				

50 meter horden (hordenhoogte)

M35	0.991m	vacant			
M50	0.914m	vacant			
M60	0.838m	vacant			
M70	0.762m	vacant			
M80	0.686m	vacant			

60 meter horden (hordenhoogte)

M35	0.991m	vacant			
M50	0.914m	vacant			
M60	0.838m	vacant			
M70	0.762m	vacant			
M80	0.686m	vacant			

3000 meter snelwandelen

M35	vacant				
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hoogspringen

M35	Stephan Nolte	1.61	m.	Apeldoorn	14-feb-2010
M40	vacant				
M45	vacant				
M50	vacant				
M55	Jan Miltenburg	1.61	m.	Apeldoorn	22-feb-2020
M60	Jan Miltenburg	1.62	m.	Apeldoorn	12-feb-2022
M65	vacant				

polstokhoogspringen

M35	vacant				
M40	vacant				
M45	vacant				
M50	vacant				
M55	vacant				
M60	Jan Miltenburg	3.00	m.	Dordrecht	26-feb-2022
M65	vacant				

verspringen

M35	vacant				
M40	Kevin Hoogvliets	4.79	m.	Sittard	7-feb-2026
M45	Roel Carati	4.90	m.	Sittard	17-dec-2017
M50	vacant				
M55	Roel Carati	4.31	m.	Apeldoorn	3-feb-2024

M60	Jan Miltenburg	4.18	m.	Apeldoorn	12-dec-2022
M65	vacant				
hink-stap-springen					
M35	Stephan Nolte	9.96	m.	Apeldoorn	14-feb-2010
M40	Kevin Hoogvliets	8.98	m.	Sittard	7-feb-2026
M45	vacant				
M50	Roel Carati	9.38	m.	Apeldoorn	5-feb-2023
M55	vacant				
kogelstoten (gewicht)					
M35	7.26kg	vacant			
M40	7.26kg	vacant			
M45	7.26kg	Roel Carati	9.19	m.	Sittard
M50	6.00kg	vacant			
M55	6.00kg	Roel Carati	9.34	m.	Heusden-Zolder (BEL)
M60	5.00kg	vacant			
M70	4.00kg	vacant			
M80	3.00kg	vacant			



gewichtwerpen (gewicht)		
M35	15.88kg	vacant
M50	11.34kg	vacant
M60	9.08kg	vacant
M70	7.26kg	vacant
M80	5.45kg	vacant

7-kamp	
M35	vacant

4 x 200 meter estafette	
M35	vacant

4 x 400 meter estafette	
M35	vacant

4 x 800 meter estafette	
M35	vacant

ATLETIEK



Masters Dames

50 meter					
V35	vacant				
60 meter					
V35	vacant				
200 meter					
V35	vacant				
400 meter					
V35	vacant				
800 meter					
V35	vacant				
V40	Hilde Poolen	2.33.17	min	Apeldoorn	3-feb-2024
V45	Hilde Poolen	2.32.34	min	Torun (POL)	30-mrt-2026
v50	vacant				
1000 meter					
V35	vacant				
1500 meter					
V35	vacant				
1 EM (= 1609.344 m)					
V35	vacant				
V40	vacant				
V45	Hilde Poolen	5.50.79	min	Gent (BEL)	29-nov-2025
3000 meter					
V35	vacant				
50 meter horden (hordenhoogte)					
V35 0.838m	vacant				

V40 0.762m vacant
V60 0.686m vacant

60 meter horden (hordenhoogte)

V35 0.838m vacant
V40 0.762m vacant
V60 0.686m vacant

3000 meter snelwandelen

V35 vacant

hoogspringen

V35 vacant

polstokhoogspringen

V35 vacant

verspringen

V35 vacant

hink-stap-springen

V35 vacant

kogelstoten (gewicht)

V35 4.00kg vacant
V50 3.00kg vacant
V75 2.00kg vacant

gewichtwerpen (gewicht)

V35 9.08kg vacant
V50 7.26kg vacant
V60 5.45kg vacant
V75 4.00kg vacant

5-kamp

V35 vacant

4 x 200 meter estafette

V35 vacant

4 x 400 meter estafette

V35 vacant

4 x 800 meter estafette

V35 vacant

