# Clubrecords Atletiek Maastricht
# Senioren Outdoor

***Laatst bijgewerkt: 20 octoberr 2026***

## *Senioren Mannen*

| | | | | | |
|---|---|---|---|---|---|
| 60 meter | Floris van Beurden | 7.32 | sec | Eindhoven | 3-jun-2022 |
| 100 meter | Joeri Jaegers | 10.83 | sec | Oordegem | 5-jul-2009 |
| 150 meter | Jasper van Rooy | 17.00 | sec | Maastricht | 22-apr-2019 |
| 200 meter | Joeri Jaegers | 21.74 | sec | Nijmegen | 21-mei-2009 |
| **300 meter** | **Robin Hartmans** | **35.39** | **sec** | **Maastricht** | **25-apr-2026** |
| 400 meter | Théo Farge | 48.13 | sec | Kortrijk (BEL) | 8-jul-2023 |
| 600 meter | Peter Drobny | 1.26.52 | sec | Delft | 17-sep-2022 |
| **800 meter** | **Jules Trommelen** | **1.51.49** | **min** | **Brussel** | **23-mei-2026** |
| 1000 meter | Bob van Kasteren | 2.35.68 | min | Veldhoven | 29-mrt-2019 |
| 1500 meter | Ruben Sansom | 3.47.18 | min | El Prat de Llobregat (SP) | 8-jun-2022 |
| 1 EM | Rick Paffen | 4.35.82 | min | Alken (BE) | 15-jul-2017 |
| 3000 meter | Ruben Sansom | 8.14.56 | min | Palafrugell (SP) | 29-mei-2022 |
| 5000 meter | Bas van Hooren | 13.59.53 | min | Nijmegen | 24-mei-2025 |
| **10000 meter** | **Bas van Hooren** | **28.31.54** | **min** | **La Spezia (ITA)** | **23-mei-2026** |
| 3000 m steeplechase | Falco Aarts | 9.06.94 | min | Hengelo | 3-aug-2025 |
| Uurloop | Jean Janssen | 15337 | m. | Herentals (BE) | 10-sep-2010 |
| 110 m. horden | Jeffrie Buckle | 15.21 | sec | Sittard | 26-jun-2011 |
| 200 m. horden | Luigi Rondas | 26.95 | sec | Utrecht | 9-aug-2019 |
| 400 m. horden | Jeffrie Buckle | 55.77 | sec | Drunen | 5-jun-2011 |
| Hoog | Jacco Deirkauf | 1.95 | m. | Weert | 16-jun-2002 |
| Ver | Aron Nijs | 7.00 | m. | Utrecht | 20-jun-2003 |
| HSS | Kaj Raaijmakers | 12.21 | m. | Kerkrade | 9-jun-2005 |
| Polshoog | Yanick Slikboer | 4.30 | m. | Kerkrade | 9-mei-2010 |
| Kogel (7.25k) | Niels Peeters | 13.57 | m. | Nijmegen | 29-jun-2014 |
| Discus (2k) | Stef Kremers | 37.97 | m. | Roermond | 26-mei-2002 |
| Speer (800g) | Roar Strooper | 58.43 | m. | Uden | 28-apr-2004 |
| Kogelsl (7.26k) | Christoph Hutschalik | 50.88 | m. | Haarlem | 22-apr-2012 |
| Gewichtwerp (15.88k) | Arno Oprins | 8.63 | m. | Eindhoven | 4-feb-2017 |
| 10-kamp | Simon Houtman | 4168 | pnt | Delft | 11-mei-2024 |
| | | (12.25 / 5.33 / 7.79 / 1.59 / 58.16 /18.46 / 21.50 / 2.40 / 35.40 / 5.18.90) | | | |
| 4x100 meter | Kir Rosman<br>Joeri Jaegers<br>Jasper Bollen<br>Yorick Jansen | 42.60 | sec | Amstelveen | 26-sep-2009 |
| 4x400 meter | Luigi Rondas<br>Rick Paffen<br>Mathijs Kromhout<br>Jasper van Rooy | 3.36.10 | min | Kerkrade | 16-jun-2019 |
| Zweedse-est. | Stefan Moens (400)<br>Joeri Jaegers (300)<br>Yorick Jansen (200)<br>Kir Rosman (100) | 2.00.53 | min | Amstelveen | 27-sep-2008 |
| **Olympische-est.** | **Amaro Steffbauer (200)**<br>**Jasper Keck (200)**<br>**Kai Lehmensiek (400)**<br>**Robin Hartmans (800)** | **3.37.31** | **min** | **Groningen** | **14-jun-2026** |

## *Senioren Vrouwen*

| | | | | | | |
|---|---|---|---|---|---|---|
| 100 meter | | Yaël van Pelt | 12.05 | sec | Hengelo | 26-mei-2007 |
| 150 meter | | Yaël van Pelt | 18.40 | sec | Lisse | 9-mei-2009 |
| 200 meter | | Yaël van Pelt | 24.64 | sec | Groningen | 1-jun-2007 |
| 300 meter | | Mary Takwoingi | 41.15 | sec | Maastricht | 3-jun-2023 |
| 400 meter | | Christel van Rooy | 56.35 | sec | Vught | 25-mei-2017 |
| 600 meter | | Nicole van Amstel | 1.37.23 | sec | Vught | 15-jun-2003 |
| 800 meter | | Evelien Ruijters | 2.09.16 | min | Uden | 2-jul-2011 |
| 1000 meter | | Britt Ummels | 2.50.28 | min | Utrecht | 20-jun-2014 |
| 1500 meter | | Evelien Ruijters | 4.16.31 | min | Heusden | 16-jul-2011 |
| 1 EM | | Britt Ummels | 5.06.60 | min | Kessel-lo (BEL) | 18-aug-2012 |
| 3000 meter | | Evelien Ruijters | 9.38.37 | min | Utrecht | 24-jun-2011 |
| 5000 meter | | Mechtild Panhuysen | 17.57.63 | min | Utrecht | 20-jul-2007 |
| 10000 meter | | Mechtild Panhuysen | 36.11.86 | min | Gouda | 1-mei-2008 |
| 100 m. horden | | Jisca Docters | 14.44 | sec | Hulst | 24-mei-2010 |
| 400 m. horden | | Tamara Aipassa | 66.04 | sec | Vught | 8-jun-2008 |
| 3000 m. steeple | | Hilde Poolen | 11.55.02 | min | Amsterdam | 7-jun-2008 |
| Hoog | | Imke Hanssen | 1.70 | m. | Eindhoven | 4-mei-2014 |
| Ver | | Tamara Aipassa | 5.71 | m. | Den Haag | 20-mei-2007 |
| HSS | | Tamara Troost | 10.86 | m. | Ede | 26-jun-2010 |
| Polshoog | | Çarcia Stegen | 2.80 | m. | Den Haag | 20-mei-2007 |
| Kogel (4k) | | Jaybre Wau | 14.40 | m. | Best | 1-jun-2025 |
| **Discus (1k)** | | **Jaybre Wau** | **49.08** | **m.** | **Roermond** | **25-apr-2026** |
| Speer (600g) | | Jisca Docters | 46.32 | m. | Beek | 9-sep-2009 |
| Kogelsl (4k) | | Anna Carpendale | 35.74 | m. | Weert | 16-jun-2013 |
| Gewichtwerp (9.08k) | | Anna Carpendale | 10.19 | m. | Zutphen | 30-apr-2016 |
| 7-kamp | | Jisca Docters | 4707 | pnt | Gemert | 25-mei-2008 |
| | | | (15,10 / 1,50 / 10,22 / 26,67 / 5,26 / 43,35 / 2.36,73) | | | |
| Werpvijfkamp | | Anna Carpendale | 1603 | pnt | Zittau (GER) | 23-aug-2012 |
| | | | (29.15 / 6.39 / 21.61 / 16.95 / 9.47) | | | |
| 4x100 meter | | Jisca Docters<br>Nienke Onnen<br>Tamara Aipassa<br>Yaël van Pelt | 48.30 | sec | Vught | 8-jun-2008 |
| 4x100 meter | *Combi* | Yaël v. Pelt<br>Nationaal team EJK | 45.86 | sec | Novi Sad | 26-jul-2009 |
| 4x400 meter | | Leonie Giessen<br>Jessica Eichler<br>Evelien Ruijters<br>Nicole van Amstel | 4.03.21 | min | Den Haag | 20-mei-2007 |
| zweedse-est. | | Jessica Eichler<br>Chelsea van Dijk<br>Yaël van Pelt<br>Ruchama Juriën | 2.20.46 | min | Spijkenisse | 8-mei-2011 |
| *Wind:* | | | | | | |
| 100 meter | *+3.6* | Yaël van Pelt | 11.93 | sec | Utrecht | 7-jul-2007 |

## *Senioren Mixed*

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|---|---|---|---|---|---|
| 4 x 400 meter | Robin Hartmans<br>Emily Heyden<br>Tom van Rijn<br>Femke Senden | 3.48.88 | min | Maastricht | 5-jul-2026 |

ATLETIEK MAASTRICHT
VOOR 'N SPORTIEF GEVOEL!